

# RIGID CYSTOSCOPY

## Patient Information Sheet

### What is cystoscopy and why is it done?

Cystoscopy is a visual examination of the bladder and urethra performed with a small telescope (approx. 3mm in diameter) is used.

Typical problems investigated with cystoscopy (see below) include recurrent bleeding, recurrent cystitis or painful bladder syndrome. The cystoscopy is performed to diagnose the cause and type of bladder problem, grade its severity and rule out serious causes for your symptoms.

The procedure takes approximately 15 minutes and you must fast before undergoing the general anaesthetic. You will see an Anaesthetic Doctor (Anaesthetist) prior to your procedure. You will be given information and request forms for tests that may be required before your procedure and associated anaesthetic.

### What can I expect afterwards?

A slight amount of blood may be passed after the procedure particularly if a biopsy was taken. All new symptoms are short lived (less than 3 weeks).

Immediately after the procedure bladder discomfort can be quite intense and pain killers will be organised for you to take home. Within a short time (a few days) any bleeding or discomfort typically settles. It is rare to have an exacerbation in bladder pain after this procedure but it has (bladder pain) occurred.

If unexpected ill effects occur after the procedure Dr O'Connell's office should be notified.

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