

**FLUOROSCOPIC URODYNAMIC STUDY (FUDS)
PATIENT EDUCATION LEAFLET**

This is a test of bladder and urethral function. Conditions evaluated using this test include urinary leakage (incontinence), voiding difficulty, recurrent infections, prostate obstruction, painful bladder conditions, genital prolapse and others.

The test involves the passage of a small tube (catheter) into the bladder. The bladder is then filled with x-ray dye. As the bladder is filled it is imaged by xray and the pressure caused by filling the bladder is measured.

You may be asked to cough, strain, or cough repeatedly in order to make the bladder leak. The point of the test is to try and demonstrate what the cause of the problem is. Therefore, it is important to remember the point of the study and not worry about the embarrassment of leaking. If leakage is the problem the test is valuable as it shows why and when leakage is occurring.

There may be some burning upon passing urine after the test or, rarely, passing the actual tube into the bladder may not be easy. In general the risk associated with this test is very low.

The test is carried out at Melbourne Private Hospital and is usually 30 - 45 minutes. Please expect to be at the Day Procedure Unit for approximately two hours.

BEFORE YOU ARRIVE Fasting is NOT necessary

- You will be given an antibiotic before the test in order to prevent possible urinary infection. This is a blue coloured Norfloxacin tablet and will be given to you by the nurse prior to your test provided you are not allergic to it.
- The first part of the test is a study of urination. Therefore, *if possible*, please wait until the study before emptying your bladder.
- If you are usually using a catheter to empty your bladder, please follow your usual routine.
- Please come as you are. You do not need additional items of clothing. Please leave valuables at home.

PLEASE NOTE: You should contact the Doctor's rooms if you have a urinary tract infection or if you have a temperature before attending for your test as you may require treatment before the test.

WHEN YOU ARRIVE:

- Report to the Reception Desk, Day Procedure Unit, Level I, Melbourne Private Hospital
- State you are here for "FUDS"
- Although the test is relatively short you will be admitted to hospital as a day stay patient

HELEN E. O'CONNELL MD, MMed, MBBS, FRACS

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FOLLOWING THE TEST:

- You do NOT need to return to the hospital admission area for discharge

If adverse consequences occur contact Dr Helen O'Connell on 9347 9911.

FEES ASSOCIATED WITH FUDS:

A fee for the procedure will be charged by the hospital in addition to the Urologist and Radiology fees. The admission fee will be rebatable by your private health fund depending on your level of cover. There may be out of pocket expenses. Please check with your fund. The Item Number for this procedure is 11919. There is also a consultation fee Item Number 105.

Professor O'Connell will forward an account directly to your private health fund under their Gap Cover scheme.

The scheme does not fully cover Professor O'Connell's fee and you will receive an account for \$300.00 which includes radiology services. This out of pocket expense is not claimable on Medicare or your private health fund.